

# CURRICULUM VITAE

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## Personal Data

Name : Ruchira Suresh  
Date of Birth : 12 February 1992  
Nationality : Indian  
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## Work Experience & Internships

- Since November 2014**                      **Trainer and Academic Counselor in One to 1 English Academic Counseling**  
Academic Counseling  
Trainer: Spoken English, Communication Skills, PD for Foreign Nationals and Corporates.
- August 2014**                                **PBL Trainer/Tutor Orientation week at Maastricht University**
- February 2014 – July 2014**            **Research Internship in the Stress lab at Maastricht university**  
- Reaction Time experiment (Data used for master thesis as well)  
- Induction and Measurement of Hormonal Stress Response  
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- February 2013 – April 2013**            **Practicum in Individual Counselling**  
- One to One Counseling Session  
- Conducted workshop on Self Esteem for Adolescents
- June 2012**                                    **Volunteered at Nightingales Centre for Ageing and Alzheimer's, Bengaluru**
- December 2011**                            **Internship at Manasa Neuropsychiatric Hospital, Bengaluru, India**  
- Studied different psychosocial assessments and techniques.  
- Involved in training day care patients of the hospital and took part in a workshop for Parental counselling.
- April 2011**                                    **Internship at Bangalore Oniyavara Seva Coota, NGO, Bengaluru, India**

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- Involved in conducting awareness programs related to substance abuse.
- Participated in a preliminary training program in the area of counseling specifically with respect to rehabilitation of street children

**April 2010 – May 2010**

**Internship at Tree Foundation, Chennai, India**

- Designed a questionnaire for future marine conservation awareness programs and actively participated in marine biodiversity conservation workshop.

## **Projects**

**February 2014 to July 2014 Master Thesis - Influence of Stress on Spatial Contextual Learning**

The present study aims to develop a unique contextual cueing task with negative and neutral images, to understand the interaction between stress and emotions and its effect on spatial contextual learning.

**July 2011 – March 2012**

**Bachelor Thesis –Emotional Intelligence of Adolescents with Dyslexia**

The aim of this study was to investigate the emotional intelligence of adolescents with and without dyslexia, and to study if there exists any overall gender differences in the same.

## **Education**

**October 2015- present**

**Ph.D. Student, Graduate School of Decision Sciences (Funded by German Excellence Initiative)**

**September 2013-August 2014**

**M.sc in Biological Psychology with specialization in Neuropsychology**

Maastricht University, Netherlands

- GPA – 7.8/10 (10 being highest)

**August 2012 – May 2013**

**Postgraduate Diploma in Counseling Psychology**

Martin Luther Christian University, Meghalaya, India

- CGPA – 3.92/4 (4 being highest)

**June 2009 – March 2012**

**Bachelor of Arts in Psychology (Honors)**

Christ University, Bengaluru, India

- GPA - 3.67/4 (4 being highest)

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## **Skills**

### **Software Skills**

Shine Toolbox (MatLab)  
SPSS  
MS Office  
Presentation  
Adobe Photoshop

### **Language Skills**

English (Professional)  
Tamil  
Hindi

### **Interests**

**Dance:** Trained in freestyle dancing for two years  
Participated in 'Darpan', Intra-Deanery Dance competition  
at Christ University  
**Travelling-** Travelled widely throughout India and Europe

**References:** Upon Request